

# Nappy Checks

Whenever we identify a soiled nappy we aim to change it immediately. We make regular **checks** at timetabled points throughout the day to ensure no child is left uncomfortable and to fulfil our duty of care. A nappy is only changed if the child needs it for their comfort and not for our convenience. This is in line with EYFS practice, meeting the individual needs of our children.

We make our nappy checks at the following times:

- After meal times - We have identified this as a common time for our children to relieve themselves.
- Before a child goes to sleep - To be sure that children are not left in discomfort, sleep is for as long as the child needs and so this is a potentially long period.
- Before a child goes home - We recognise that a child may not be returning straight home.
- As children wake up - We have identified this as a common time for our children to have relieved themselves.
- Before time outside/garden and other significant transitions.

*We aim to change all children every 3 hours to fulfil our duty of care and minimise any problems such as nappy rash and to support those with sensitive skin.*