

## Tiddlers Daily Routine

Time	Tiddlers Activities
7.30-8.30	Breakfast
8.30-9.00	Free Play
	Nappy Checks
9.00/9.10	Circle Time
9.30	Inside Focus
9.55	Wash Hands for Snack
10.00	Snack Time
	Nappy Checks
10.25	Outside Free Play
11.25	Tidy up Time
11.30	Story and Song Time
11.40	Wash Hands for Lunch
11.45	Lunch Time
12.30	PM Session Starts Free Play
	Nappy Checks
12.45	Sleep Time (According to children's individual needs)
1.00	Inside and Outside Focus
2.00	Snack Time
	Nappy Checks
2.30	Outside or Inside Free Play
2.50	Tidy up Time Outside and Inside
3.10	Story and Song Time
3.35	Wash Hands For Tea
3.45	Tea Time
4.30	Free Play
	Nappy Checks
5.30	Home Time

The Tiddlers carers strive to ensure children's daily routines are followed and when necessary adapted to the needs of the individual child.