

Talk About... everyday talk



Becoming a confident and chatty communicator is one of the most important skills your child will ever learn, but it doesn't happen by accident. Our top tips give you ideas about how to support your child as they learn about language.

Find out more at:

www.talkaboutnorfolk.co.uk

If you would like to receive these tips by email, please drop us a line at talkabout@nchc.nhs.uk

You don't need to put aside special 'talking times' during the day, everything you do with your child is a chance to chat.

Everything from getting dressed, to preparing and eating meals, bath time and walking to nursery is a chance to talk about what you are doing together and showing your child the language that goes with that activity.

If your child is not using words yet...

Use lots of single words to talk about what you are doing and what you can see. Use fun words as well, like "whoosh!", "pop!", "moo", "uh oh".

If your child is just starting to use words...

Use lots of short 2 or 3 word phrases. Copy what your child says by saying it back to them, they might not say it very clearly yet, so by saying it back they get to hear how it should sound.

If your child is talking in sentences...

You can model the smaller words, like 'is', 'the', and word endings, like 'pushing'. Try and use action, object and describing words.



at bath time...

"splash"	"wash face"	"look at the big
"tummy"	"more bubbles"	bubble"
"boat"	"tap on"	"pour the water
"hot"	"where's Lilly?"	into the cup"
"bubbles"	"goodbye boat"	"the water is
"pop"	"yes! Banana"	hot! Be careful"



when you go shopping...

"apple"	"in the trolley"	"let's find the
"trolley"	"green apple"	tomatoes"
"push"	"more grapes"	"we need more
"stop... go!"	"daddy's jam"	blue top milk"
"beans"	"here's	"shall we get the
"bye bye"	Grandpa"	red or green
		pepper?"